

# The Arc Community Training Program

*Presents*

**Arc Walk for Independence 2010 Planning Meeting**  
**Monday, February 1, 2010 @ 5:30-6:30 pm**



## *“Walk the Walk”*

The Arc Walk for Independence is a 1 or 3 mile walk at the Stonewood Mall celebrating individuals with intellectual and other developmental disabilities. The entire community is asked to come out and show their support.

This is a very difficult year for Arc. We need everyone’s support to make this a very successful Arc Walk. We invite you to an information and planning meeting where you will learn how to *Walk the Walk*: the purpose of the Arc Walk for Independence.



You will also have fun learning how to assemble a walk team and raise sponsorship donations with your family and friends. This is a great way to support children and adults with intellectual and other developmental disabilities.

**This is a Free Event!**

*Light Refreshments will be served.*

**To enroll, contact Jeffrey Stephens, Training Coordinator  
at 562.803.1556 x262 or [Jeffrey.Stephens@arcselac.org](mailto:Jeffrey.Stephens@arcselac.org)**

The Arc Community Training Program provides professional education and instruction on various topics related to Intellectual and Other Developmental Disabilities to increase community awareness and support for individuals with disabilities. The Arc of Southeast Los Angeles County is a nonprofit organization serving individuals with intellectual and other developmental disabilities since 1956.

**Southeast Banquet and Conference Center**  
**9545 Washburn Rd, Downey, Ca 90242**

**[www.arcwalk.org](http://www.arcwalk.org)**