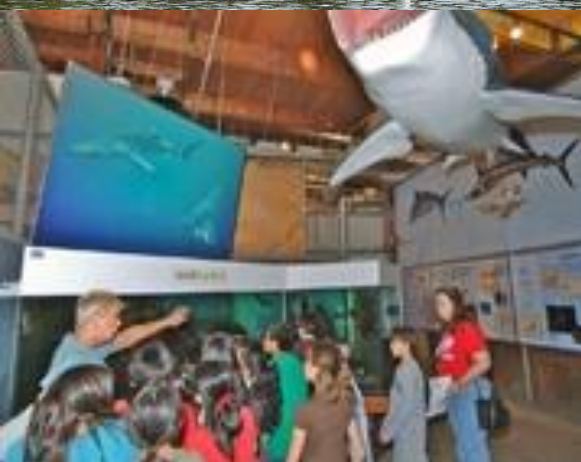


# Arc's Community Training Program

*Presents*

## Recreation Opportunities

Monday, May 4, 2009 @ 5:30-6:30 pm



## *Playtime is Never Over!!!*

With the summer approaching, many families are looking for fun, affordable things to do. Many local Park and Recreation services offer great events, classes, and activities for the entire family.

At this meeting, you will learn why it's important to be involved in recreation and leisure activities and where you can find public services near you.

From Long Beach to Los Angeles, from Carson to Whittier, we looked for great recreation opportunities for your entire family and put them together into a fun training featuring brochures, websites, pictures, and video.

**Bring your whole family to this great training!**

**This is a Free Training!**

*Light Refreshments will be served.*

**To enroll, contact Jeffrey Stephens, Training Coordinator  
at 562.803.1556 x262**

The Arc Community Training Program provides professional education and instruction on various topics related to Intellectual and Other Developmental Disabilities to increase community awareness and support for individuals with disabilities. The Arc of Southeast Los Angeles County is a nonprofit organization serving individuals with intellectual and other developmental disabilities since 1956.

**The Arc of Southeast Los Angeles County  
12049 Woodruff Ave, Downey, Ca 90241**

[www.arcselac.org](http://www.arcselac.org)